# The Northumbria Squash Rackets Association 

League Rules

## 1. Scope of the Rules

1.1 These Rules apply to the Northumbria Squash Rackets Association (NSRA) Men's and Ladies' Winter Leagues (the Leagues), except where differences are noted below. Where appropriate, these Rules also apply to the NSRA Summer Leagues and Cup Competitions.

## 2. Qualification and Structure

2.1 The Leagues are open to teams from Clubs who have paid league fees to the NSRA and who are also affiliated to England Squash, the National Governing Body for squash. Failure to pay the relevant fees may result in expulsion from the Leagues.
2.2 A Club wishing to enter a new team into the Leagues must make an application in writing (usually by e-mail) to the League Secretary (LS) by $30^{\text {th }}$ June for the League Season commencing in September. New teams will normally be placed in the bottom divisions unless otherwise agreed by the NSRA committee.
2.3 The Leagues will be made up of a straight ladder of divisions. The Men's divisions will normally contain nine teams. The Ladies' top division will normally contain six teams. Numbers below the top divisions may be adjusted where necessary to provide balanced Leagues.

## 3. Fixtures

3.1 Each team will play every other in its division twice - once at home and once away. "Double-headers" will not be allowed.
3.2 The League Season will normally extend from mid-September to early April taking account of Christmas and Easter breaks. The first full round of matches will be played by $31^{\text {st }}$ December.
3.3 The LS will post a fixture list on the NSRA website www.northumbriasquash.co.uk normally by the end of July. Clubs should contact the LS as soon as possible before this date to notify any
particular fixture requests and any changes in team numbers, match days and times, venues etc. Any subsequent changes to the posted fixtures must be mutually agreed between opposing teams by the end of September and immediately notified to the LS for inclusion on the website. Any team may insist that a fixture be played on the originally posted date and the team requesting a change must either play on that date or concede the fixture.
3.4 From $1^{\text {st }}$ October in each League Season, no fixture re-arrangements will be allowed other than in exceptional circumstances agreed by the LS.
3.5 Should a team fail to arrive for a match on the arranged date or concede at less than 7 days' notice, the opposing team may claim out of pocket expenses against the conceding team such as court fees and food for home teams and travelling expenses for away teams. When a team fails to complete a home match during a season, the opposing team may claim $50 \%$ of expenses in lieu of the return match not being played. All such claims must be copied in writing to the LS.
3.6 All Men's League Premier Division matches will be played on Thursdays.
3.7 Where a club has two or more teams in the same division those teams shall play one fixture against each other before $31^{\text {st }}$ October and the second fixture before $31^{\text {st }}$ January.

## 4. Player Registration and Nominations

4.1 Ladies may play for teams in the Men's League, but men may not play for teams in the Ladies' League.
4.2 All players must be registered members of the club they represent and also be members of England Squash before playing in any match. Clubs may also be required to appoint administrators to facilitate the posting of results and the registering of players on the NSRA website.
4.3 A player may not concurrently represent more than one club in the Leagues in any one season. This does not apply to ladies playing for one club in the Ladies' League and another club in the Men's League. On appeal to the LS by $1^{\text {st }}$ January in each season, and subject to NSRA committee approval, a player may be allowed to transfer their representation in the Leagues from one Club to another, such transfer to take effect from $1^{\text {st }}$ January in that season.
4.4 Each club must nominate in writing to the LS, before the start of the League Season, a club ranking order showing all team players in their strict order of merit, for publication on the NSRA website. Clubs must nominate a minimum of five players for each team.
4.5 The LS reserves the right to scrutinise Clubs' nominations and request authentication of the playing order by reference to published ranking lists, Club leagues, ladders or challenge match results if not satisfied.
4.6 Clubs may re-nominate their ranking order in writing to the LS by $1^{\text {st }}$ January in each League Season for the second half of that season. In the absence of such nominations by the first match in the second half the existing nominated order will apply, except that a player in the Men's Leagues who has failed to play at least three matches in the first half will be removed from the ranking order as at $1^{\text {st }}$ January and may only be re-nominated at the discretion of the LS.
4.7 The five highest-nominated players at any time in each Club in the Men's Leagues must play at least three matches in the first half and at least two out of the first four matches in the second half, unless there are mitigating circumstances (eg. injury) notified to the LS and accepted by the NSRA committee. Cup matches do not count for the purposes of this rule. Failure to meet this requirement will lead to a 5point deduction per defaulting player being applied to the Club's first team at the end of each half.
4.8 New players may be introduced into the nominations, or existing nominations may be amended, at the discretion of the LS. Such approval must be confirmed prior to playing a match. A club may not introduce a new player into the nominations when any of its teams benefitting from such nomination has less than half of its second half matches to play. Rule 4.7 will apply where such players are amongst the five highest-nominated in their Club.
4.9 A Club with two or more teams in the top division of its League may optionally nominate players for those teams in such a way that the teams are of broadly equal strength, based on the club ranking order. Such teams will be designated A, B, etc. accordingly. Once nominated to a particular team in this way, a player may not play for any other team during that half of the season.

## 5. Playing Order Within Clubs

5.1 A nominated player may not play below their nominated position, but may play above it due to the absence of higher-ranked players.
5.2 If a player nominated for a lower team plays in a League match for any higher team on more than two occasions during any half, that player becomes tied to the higher team and ineligible to play for any lower team in League or Cup matches for the rest of that half only. Becoming tied does not affect the nominated order, which must be adhered to. Playing for a higher team in Cup matches does not count for the purposes of this Rule.
5.3 In order to be eligible to play in Cup semi-final and/or final matches, a player must have already played at least three team matches for the relevant Club during the season.
5.4 If a club has more than one team playing on the same day and player(s) from the higher team(s) are unavailable, the highest ranked available player(s) must be taken from the lower team(s), such that players from all teams concerned still play in nominated order, and any shortage of players affects the bottom of the lowest team.
5.5 Some clubs have Junior teams playing in the Leagues as separate squads from the Senior teams. For the avoidance of doubt, a Junior team is regarded as if it were a separate club within its overall club and therefore junior players may not play for Senior teams within their club whilst continuing to represent a Junior team. Rule 4.3 regarding transfer of a player's representation will apply to all junior players.
5.6 No player is allowed to play for more than one team in the same League or its related Cup Competitions on the same day. Ladies may however play for Men's and Ladies' teams on the same day.
5.7 All matches must be played using the nominations in force at the time of the match.
5.8 Any irregularities in the result of a fixture due to non-observance of the above rules will mean that the ties of any affected player and all those playing below will be forfeit, or, at the discretion of the LS, the match may be treated as a conceded fixture. Teams flouting these rules on regular occasions may be subject to a deduction of points, relegation, or in extreme cases expulsion from the Leagues as decided by the NSRA committee.

## 6. Match Conduct

6.1 The Dunlop Pro double yellow dot ball (or other such ball as approved by the NSRA committee) must be used for all matches, unless mutually agreed between the two captains. Balls must be new at the commencement of the match and are to be provided by the home team. In the event of the home team not providing an acceptable ball they shall forfeit the match.
6.2 The home team is expected to provide light refreshment for themselves and the opposition after the match. All players should make every effort to attend, but if this is not possible then the home captain should be informed. If the home team is unable to provide food on a particular occasion, then the away team captain should be informed.
6.3 All matches must be marked and it is the responsibility of the home team captain to ensure that this rule is observed. Markers will normally also perform the duties of the referee.
6.4 Each match should start at 7pm unless arranged otherwise in the posted fixtures or agreed by both teams concerned. Teams should preferably arrive en bloc to allow a prompt start.
6.5 Each team will consist of five players who must play strictly in nominated order against their opposite number, and the order for each match must be declared on the scorecard before the match commences. Each tie will be the best of five games, with Point-a-Rally scoring to 15 points (with "sudden death" at 14-all) in all Leagues except the Premier Division and Division 1 of the Men's Leagues, which will have Point-a-Rally scoring to 11 points (with "2-clear" from 10-all).
6.6 The normal order of play is 5-4-1-3-2 for the Men's League and 5-4-3-$2-1$ for the Ladies' League. If a team cannot comply with this they should contact their opponents before the match to agree a revised playing order. If players are not ready to start within 15 minutes of the appointed time, or within 15 minutes of the previous matches finishing, ties may be forfeit upon appeal to the LS.
6.7 Should any player fail to arrive without prior warning the other players will be moved up the order so that the team plays short of the lowest nominations. If lower ties have already been played then the missing players' tie(s) and all those below will be conceded unless extenuating circumstances are made known on appeal to the LS.
6.8 The whole of the match (all 5 ties) must be completed within the day arranged.
6.9 In the event of a court(s) becoming unplayable, the results of completed ties shall stand. Uncompleted ties shall be abandoned and started from the beginning at the same venue at a date to be mutually agreed. If however the stoppage is only temporary and the court(s) can be made playable, then interrupted ties shall be restarted at the point of suspension provided reasonable time remains for the completion of the match.
6.10 If, after a prompt start has been made, a match has to be curtailed because courts become unavailable for further play, the home team shall forfeit the uncompleted ties.
6.11 In the event of a player becoming ill or injured during the course of a match, World Squash Singles Rule 14 (Illness, Injury and Bleeding) will normally apply.
6.12 The use of eye protection goggles, particularly for Juniors, is highly recommended.

## 7. Match Results

7.1 One point will be awarded for each game won with an extra bonus point for each eligible player in the winning team. Thus a maximum of 20 points is available to the winners of a match with a 5 player team.
7.2 When a team concedes a match their opponents shall receive 20 points. Teams conceding will receive zero points for the first match conceded and minus 20 points for the second match conceded. If a third match is conceded during the season then reference should be made to Rule 8.5.
7.3 Unless otherwise agreed it is the responsibility of the home team to ensure the correct result (ie match scores including game scores) has been posted on the NSRA website within 5 days of the match being played. Teams consistently failing to comply with this may be penalised. Any anomalies, i.e. players not registered or not nominated, disputed score etc. should be notified to the LS for action.

## 8. Promotion, Relegation and Withdrawal

8.1 In the event of two teams finishing the season on equal points the higher position will be decided by i) the team winning most matches, then ii) the team with the higher difference between points won and conceded, then iii) the team with the better points record in matches during that season between the teams involved. If teams are still level and League championship, promotion or relegation issues are involved their positions will be decided by a play-off at a neutral venue or other venue mutually agreed between the teams concerned.
8.2 Promotion and relegation will normally be 2-up/2-down for the Men's League and 1-up/1-down for the Ladies' League.
8.3 A club's higher ranked team cannot play in a lower division than their lower ranked team(s). In the event of this occurring the teams shall swap places.
8.4 Where extra places become available through teams withdrawing from the Leagues, these places will be allocated at the discretion of the LS.
8.5 If a club withdraws one of its teams from the Leagues during the season then all that team's fixtures for the season will be declared void, and the withdrawing team placed in the bottom position subject to the team being able to re-form the following season. A team conceding more than two fixtures during the season will be treated as having withdrawn. Rule 4.3 regarding transfer of a player's representation to another club, Rule 5.1 regarding not playing below their nominated position and Rule 4.6 regarding re-nomination of the club's ranking order will apply to all players nominated for the withdrawing team.
8.6 A Club wishing to withdraw one or more of its teams from the League after the end of the season must notify the League Secretary (LS) in writing as soon as possible and no later than $30^{\text {th }}$ June for the League Season commencing in September.

## 9. General

9.1 The World Squash Singles Rules, except where they are modified by these Rules, shall be in force throughout any competition. A copy of the World Squash Singles Rules may be found via the England Squash website, www.englandsquash.com.
9.2 World Squash Singles rule 15 (Conduct) is of particular importance. All persons participating in the Leagues should be aware of and abide by this rule. Mutual respect and sporting behaviour between players, markers/referees, coaches and spectators is expected at all times. Any infringement of this rule should be reported to the LS within 7 days of the event, for consideration by the NSRA committee.
9.3 A club may appeal to the LS or NSRA committee about any matter concerning the Leagues. In the case of a disputed incident an appeal must be made within 7 days of the incident.
9.4 Changes to these Rules may be made by the LS, subject to the approval of the NSRA committee.

## 10. Amendments

10.1 May 2016 - old clauses 3.4, 3.6 and 3.7 deleted, new clauses 3.6, 3.7 and 4.7 added, clauses $1.1,2.1,3.1,3.2,3.3,3.4,3.5,4.2,4.3,4.5$, $4.6,4.8,5.2,6.2,6.5,6.11,7.1,8.1,9.1$ and 9.2 amended.

